



WingMan for Addiction Mobile App Overview

What is WingMan all about?

Our number one goal is to help save lives. WingMan is developed by Addiction Resource Systems, Inc. (ARS), a technology company that is redefining the way addicts go about finding solutions to help them overcome a lifestyle they have chosen, which is creating negative consequences for them.

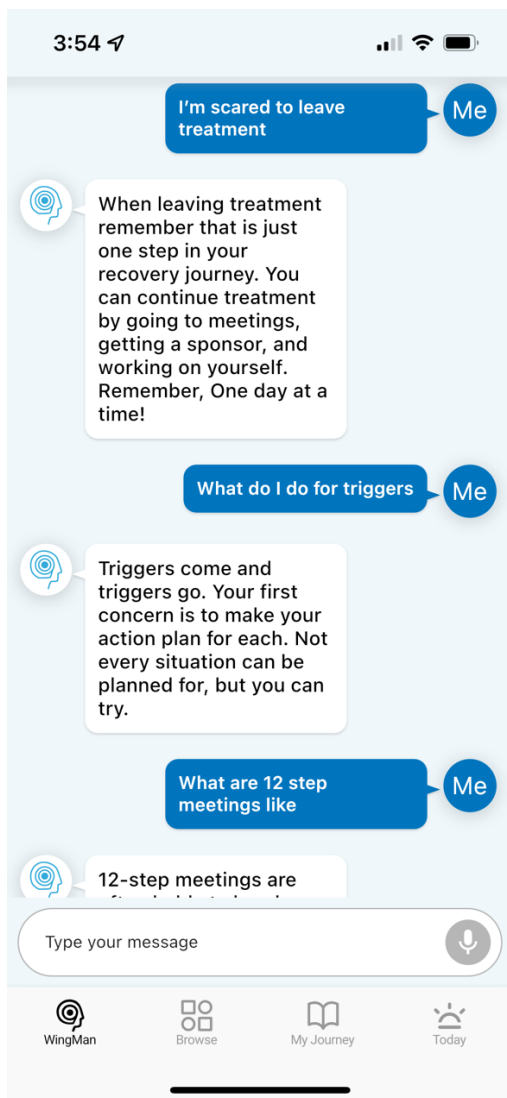
The Wingman native app for iOS and Android is intended primarily for individuals in recovery from drug and alcohol addiction, with a secondary audience of family members, friends, and supportive professionals contributing to the care of recovering addicts.

The app is focused on what research shows to be the 5- to 20-minute period during which an addict experiences a typical craving. During these periods, Wingman offers a range of encouragement, productive distraction, and quick access to resources to allow individuals to push through the craving and maintain sobriety.

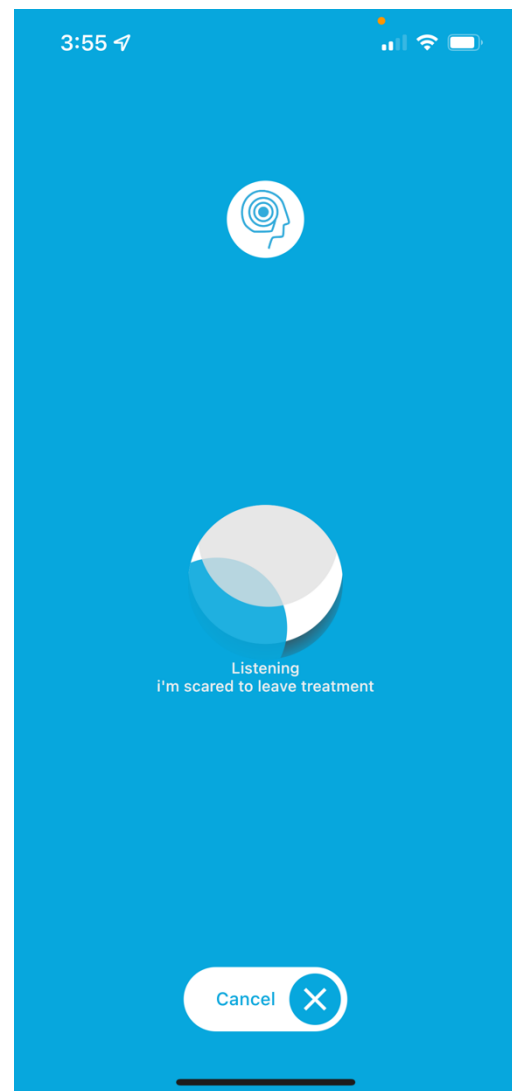
The app uses a conversational chat/SMS-like UI to interact with a machine learning-enabled chatbot and create a more personalized approach to each user (what specific tasks or content work best for each person to weather cravings, for example). This immediately accessible 24/7 tool provides needed support whenever a craving hits and a sponsor or caring counselor is not available. Wingman is not intended to replace existing relationships or treatments, but rather to provide additional and immediate assistance to individuals in recovery.

How does it work?

After downloading the app and registering by providing your email address and answering a few questions, WingMan prompts you with a conversation starter. Then, you choose the style of interacting with WingMan that suits you: either text or voice chat. WingMan maintains the history of your conversation so you can always go back and see your progress.

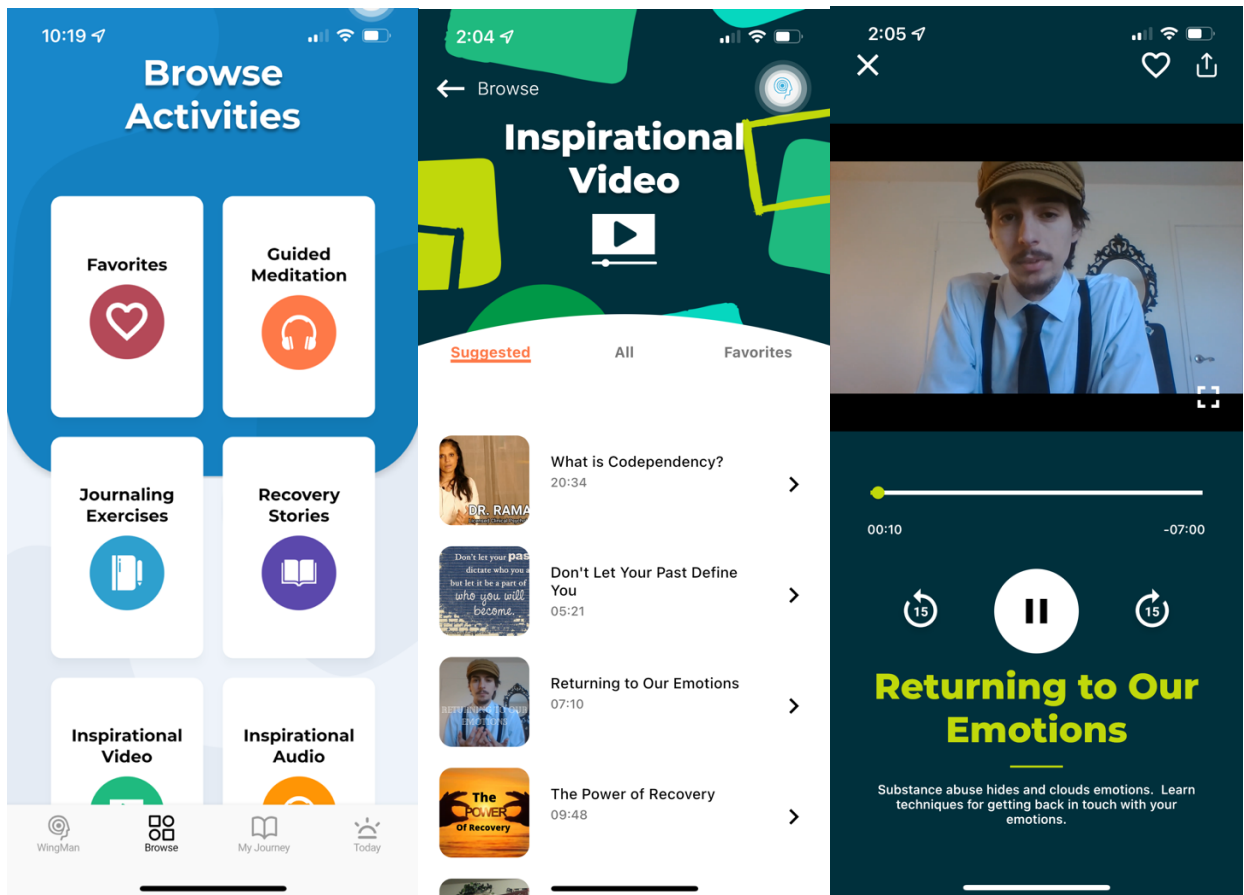


Text Chat



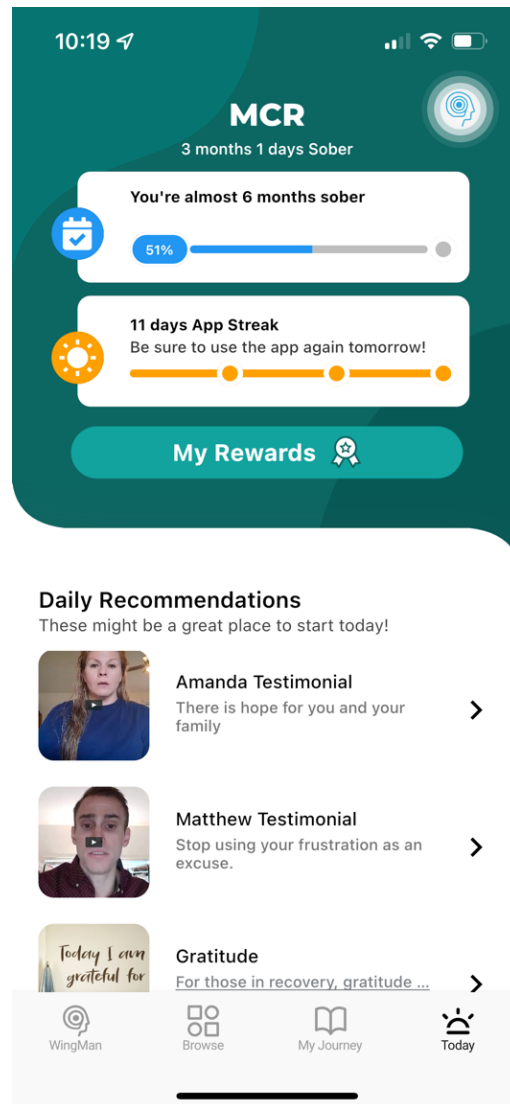
Voice Chat

If you need more than conversation, WingMan provides several activities to help get your mind off the challenges immediately in front of you. You can read Recovery Stories from others who have traveled down the same road you are on. You can listen to Guided Meditations or Inspirational Audios to help settle your mind. You can watch Inspirational Videos to see first-hand how people are making progress in their recovery. Journaling Exercises provide prompts for you to record your thoughts about a variety of topics and review your recovery journey.

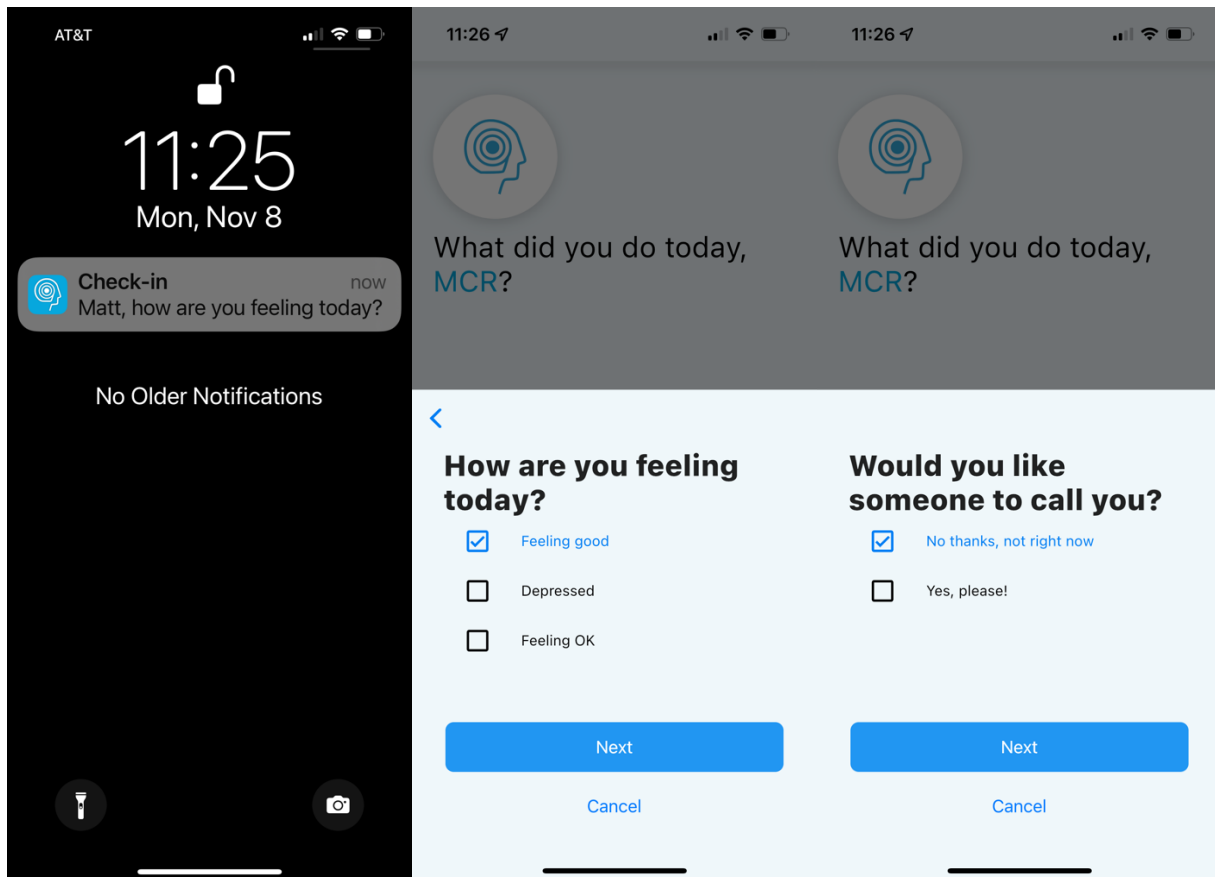


WingMan helps you track your progress toward recovery. It learns about you from your interactions and makes recommendations for new activities to try.

In addition, you earn incentives for completing exercises and using the app daily.



To help keep you on track, WingMan will periodically contact you proactively to check in with you. It will send you notifications that include encouraging words, suggestions for a recovery plan, a daily schedule, and recommendations for things you can do.



In this way, WingMan becomes a trusted friend, available 24/7 to help you through your recovery.